

ELE

ELE 1

	Mo	Di	Mi	Do	Fr
1	T5BEL.	*T5AEL.	T5AEL.	T4BEL.	T5AEL.
2					
3	*T4BEL.	*T4AEL	T4BEL	*T5BEL.	T4AEL.
4		T4AEL			
5	T5AEL.	T3AEL		*T4AEL.	
6	T5AEL				
7		T4AEL.			
8				*T5AEL	
9					
10				T4AEL	

ELE

ELE 2

	Mo	Di	Mi	Do	Fr
1	*T3AEL.	*T5BEL.	T3AEL	*T5BEL	*T5BEL
2			T3AEL.		*T4BEL.
3	T3AEL.		*T4AEL.	*T5AEL.	
4					
5					*T3AEL
6				T5AEL.	
7		*T4BEL			
8					
9		*T3AEL.			
10					

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